

# Real Talk: Sharing your Faith Story

Keep it *True!* Keep it *you!*

## Main Point:

Think about what message you wish someone had told you when you were going through a rough patch.

1

**"It start when..." (45 seconds)**

**Talk about a moment in your life that set the scene for your story.**

- Was this happening at home, in school, in church, in a relationship?
- What was life like for you then?
- Keep it real. Let people understand your world.

Eg. "It start when I was in Form 3 and I was feeling like nothing I did was ever good enough, even though I was trying hard in school."

2

**"Lemme tell yuh what I mean..." (2-3 minutes)**

**Give a real example or mini-story that shows what you were going through.**

- Make people see and feel it, like they were there too.
- Talk about how you felt, what was going on inside you.
- Be honest. Don't be afraid to share your struggle or high point.

Eg.: "One day, I get back my report card and it was full of red marks. I remember going home, sitting on my bed, and wondering why I even trying."

4

**"Because of that, I start to..." (1-2 minutes)**

**How did that moment affect you? What changed in how you saw yourself, God, or others?**

- Did you start thinking differently?
- Did you pray more, or see yourself in a new way?
- Be specific.

Eg. "Because of that, I start to pray a lil' more and ask God to help me believe in myself the way He does."

3

**"But then, something happen..." (1-2 minutes)**

**Talk about the moment something shifted: the event, person, or encounter that made a difference.**

- Did God show up in a way you didn't expect?
- Was it a conversation, a youth camp, a song, a random moment?
- Paint the picture. Let people imagine it with you.

Eg. "But then, my friend invite me to youth group, and when the leader was talking about God knowing our hearts, I feel like they were talking straight to me."

5

**"Since then, I realize..." (1-2 minutes)**

**What new thing did you realize about yourself, life, or God because of this?**

- How did that change continue in your life?
- Did it help you in school, with friends, with family?
- Talk about how you're growing even if you're still figuring it out.

Eg. "Since then, I realize that even when I feel like a failure, God sees me as His child and loves me anyway."

6

**"Now, I wanna..." (1 minute)**

**Who are you today because of this experience? What's different now?**

- Are you stronger, braver, more loving, more real?
- What's your hope for others hearing your story?

Eg. "Now, I wanna remind other teens like me that they matter to God, even when they feel small or left out."

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## Let's Break it Down

1

**"It start when..." (45 seconds)**

*Talk about a moment in your life that set the scene for your story.*

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2

**"Lemme tell yuh what I mean..." (2-3 minutes)**

*Give a real example or mini-story that shows what you were going through.*

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4

**"Because of that, I start to..." (1-2 minutes)**

*How did that moment affect you? What changed in how you saw yourself, God, or others?*

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**"But then, something happen..." (1-2 minutes)**

*Talk about the moment something shifted: the event, person, or encounter that made a difference.*

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**"Since then, I realize..." (1-2 minutes)**

*What new thing did you realize about yourself, life, or God because of this?*

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**"Now, I wanna..." (1 minute)**

*Who are you today because of this experience? What's different now?*

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